

# Social Care & Health Scrutiny Committee Task & Finish Group 2019/20

## *Suicide Prevention in Carmarthenshire*

### Draft Planning & Scoping Document

|                                       |   |
|---------------------------------------|---|
| <b>Task &amp; Finish Objective(s)</b> | Further improve awareness, knowledge and understanding of suicide in Carmarthenshire.   |
| <b>Context</b>                        | <p>The Social Care &amp; Health Scrutiny Committee has a key role to play in monitoring services, development of key policies and strategies, as well as identifying areas for improvement or development within their remit.</p> <p>At its pre-meeting on the 24<sup>th</sup> September, the Social Care &amp; Health Scrutiny Committee agreed in principal to undertake a review into suicide prevention in Carmarthenshire.</p> <p>People from across all types of local communities die by suicide and most suicides are the result of a wide and complex set of interrelated factors. As a result, suicide prevention requires work across a range of settings targeting a wide variety of audiences. <sup>1</sup></p> <p>Research and statistics show:<sup>2</sup></p> <ul style="list-style-type: none"> <li>• There were 360 registered deaths from suicide in Wales in 2017 and there has been no apparent downward trend over time.</li> <li>• Of the 360 registered suicides in 2017, 24 were in Carmarthenshire (4<sup>th</sup> highest by Local Authority).</li> <li>• Around three-quarters of people in Wales who die from suicide are men.</li> <li>• There is no single reason why someone may try to take their own life. However certain factors or problems may make suicide more likely.</li> <li>• Rates of suicide are higher in the most deprived local areas when compared to the least deprived local areas.</li> <li>• Low skilled workers had the highest level of risk with the next major groups with elevated risk was caring and leisure.</li> </ul> |

<sup>1</sup> Public Health England. Local Suicide Prevention Planning a practical resource (October 2016)

<sup>2</sup> The Office of National Statistics

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| <p><b>Membership</b></p>   | <p><b><u>Elected Members</u></b></p> <ul style="list-style-type: none"> <li>• Up to 7 Elected Members appointed to reflect the political balance of the Council as whole. <ul style="list-style-type: none"> <li>○ Cllr. Gwyneth Thomas (Chair) – Plaid</li> <li>○ Cllr. Emlyn Schiavone – Plaid</li> <li>○ Cllr. Dorian Williams - Plaid</li> <li>○ Cllr. Ieuan Davies (Vice Chair) – Independent</li> <li>○ Cllr. Louvain Roberts – New Independent Group</li> <li>○ Cllr. Ken Lloyd – Labour</li> <li>○ Cllr. Amanda Fox - Labour</li> </ul> </li> </ul> <p><b><u>Advisors / Support Officers</u></b></p> <ul style="list-style-type: none"> <li>• Avril Bracey, Head of Mental Health &amp; Learning Disabilities</li> </ul>  |
| <p><b>The main aims of the review</b></p>  | <ul style="list-style-type: none"> <li>• To undertake a review of existing resources.</li> <li>• To review strategy and action plan and services in place.</li> <li>• To establish how effectively partners work together to achieve outcomes.</li> <li>• To formulate recommendation for consideration by the Executive Board.</li> </ul>  |
| <p><b>Scope of the review</b></p>  | <p>The review will focus on Carmarthenshire’s strategy and plan to address and improve awareness and understanding of suicide.</p>  |
| <p><b>How it will contribute to achieving corporate / community objectives and well-being objectives</b></p> | <p>Contributes to the following outcomes from the <b>County Council’s Corporate Strategy 2018-2023</b></p> <ul style="list-style-type: none"> <li>• People in Carmarthenshire are healthier</li> <li>• Providing services as efficiently as possible, ensuring value for money</li> <li>• Investigating and developing new ways of working and providing services</li> <li>• Increasing collaboration with our partners and communities in order to support the delivery of services.</li> </ul> <p>The project will link directly to the following <b>Carmarthenshire County Council Well-being</b> objectives</p> <ul style="list-style-type: none"> <li>• Help people live healthy lives (tackling risky behaviour and obesity).</li> <li>• Supporting good connections with friends, family and safer communities.</li> </ul> <p><b>Moving Forward in Carmarthenshire</b></p> <ul style="list-style-type: none"> <li>• Ensure the Council fully responds and complies with the requirements of the Social Services and Well-being Act including: <ul style="list-style-type: none"> <li>○ developing 24-hour access to Information, Advice and Assistance (IAA) services.</li> <li>○ establishing a regional joint committee for social services with relevant partners.</li> </ul> </li> </ul> |

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|   | <ul style="list-style-type: none"> <li>• Work with partners including Hywel Dda University Health Board and third sector providers to ensure appropriate mental health care services and support are available.</li> </ul>  |                                       |  |                                   |                                |                                    |                                |                                  |                                |                                   |                                |  |                                |                                     |                                |                                       |                           |
| <b>List of key stakeholders</b><br>[not exhaustive]   | <ul style="list-style-type: none"> <li>• Mental Health and Learning Disability Services</li> <li>• Integrated Services</li> <li>• Education &amp; Children’s Services</li> <li>• Public Health Wales</li> <li>• Hywel Dda University Health Board (H DUHB)</li> <li>• Wales Ambulance Service Trust (WAST)</li> <li>• Dyfed Powys Police</li> <li>• Third Sector / Charities e.g. Samaritans, West Wales Action for Mental Health (WWAMH).</li> <li>• Other as identified</li> </ul>  |                                       |  |                                   |                                |                                    |                                |                                  |                                |                                   |                                |  |                                |                                     |                                |                                       |                           |
| <b>What information / documents are required to inform the work of the study?</b><br>[not exhaustive] | <ul style="list-style-type: none"> <li>• Current Strategies and Plans</li> <li>• Mid &amp; South West Regional Forum strategy evaluation report</li> <li>• <a href="#">Talk to me 2: suicide and self-harm prevention strategy for Wales 2015 to 2020</a> (Welsh Government)</li> <li>• <a href="#">Everybody’s Business – A report on suicide prevention in Wales</a> (National Assembly for Wales)</li> <li>• <a href="#">Supporting farming communities at times of uncertainty</a> (Public Health Wales and Mental Health foundation)</li> </ul>  |                                       |  |                                   |                                |                                    |                                |                                  |                                |                                   |                                |  |                                |                                     |                                |                                       |                           |
| <b>Timescale for completion of the review</b>   | <p><b>5<sup>th</sup> March, 2020</b></p> <ul style="list-style-type: none"> <li>• Draft Planning &amp; Scoping Document to SC&amp;H Scrutiny Committee</li> </ul> <p>Research and Evidence Gathering period – February to October 2020:-</p> <table border="1"> <tr> <td><b>13<sup>th</sup> February, 2020</b></td> <td><b>T&amp;F Group Meeting 1</b><br/> <ul style="list-style-type: none"> <li>• Agree overall approach &amp; plan for the review</li> </ul> </td> </tr> <tr> <td><b>9<sup>th</sup> March, 2020</b></td> <td><b>T&amp;F Group Meeting 2</b></td> </tr> <tr> <td><b>30<sup>th</sup> April, 2020</b></td> <td><b>T&amp;F Group Meeting 3</b></td> </tr> <tr> <td><b>14<sup>th</sup> May, 2020</b></td> <td><b>T&amp;F Group Meeting 4</b></td> </tr> <tr> <td><b>17<sup>th</sup> June, 2020</b></td> <td><b>T&amp;F Group Meeting 5</b></td> </tr> <tr> <td><b>16<sup>th</sup> September, 2020</b></td> <td><b>T&amp;F Group Meeting 6</b></td> </tr> <tr> <td><b>7<sup>th</sup> October, 2020</b></td> <td><b>T&amp;F Group Meeting 7</b></td> </tr> <tr> <td><b>19<sup>th</sup> November, 2020</b></td> <td>Final Report to Committee</td> </tr> </table> | <b>13<sup>th</sup> February, 2020</b> | <b>T&amp;F Group Meeting 1</b><br><ul style="list-style-type: none"> <li>• Agree overall approach &amp; plan for the review</li> </ul> | <b>9<sup>th</sup> March, 2020</b> | <b>T&amp;F Group Meeting 2</b> | <b>30<sup>th</sup> April, 2020</b> | <b>T&amp;F Group Meeting 3</b> | <b>14<sup>th</sup> May, 2020</b> | <b>T&amp;F Group Meeting 4</b> | <b>17<sup>th</sup> June, 2020</b> | <b>T&amp;F Group Meeting 5</b> | <b>16<sup>th</sup> September, 2020</b> | <b>T&amp;F Group Meeting 6</b> | <b>7<sup>th</sup> October, 2020</b> | <b>T&amp;F Group Meeting 7</b> | <b>19<sup>th</sup> November, 2020</b> | Final Report to Committee |
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| <b>19<sup>th</sup> November, 2020</b>   | Final Report to Committee   |                                       |  |                                   |                                |                                    |                                |                                  |                                |                                   |                                |  |                                |                                     |                                |                                       |                           |